Daily Essential Nutrients Prenatal provides the solid nutritional foundation required to optimize health for both mom and baby from pre-conception through lactation. Count on DEN Prenatal to deliver unmatched results compared with over-the-counter prenatal supplements because it is backed by decades of independent research and safe and effective use.\*

- ✓ Complete. DEN Prenatal delivers every essential vitamin and mineral babies need for their brain and body to develop optimally-and that moms need to thrive-throughout the pre- and postnatal journey.\*
- ✓ Balanced. The critical nutrient ratios are proven to promote optimal focus, cognitive function, mental clarity, and mood stability.\*
- ✓ Optimized. Our NutraTek™ mineral chelation maximizes bioavailability, absorption, and delivery throughout the body, enhancing brain function and fetal development.

For best results, consult a Health Professional trained in the use of multi-nutrient therapy (GetHardy.com/hp) or a Hardy Product Specialist. For enhanced nutrition, take with HardyNutritionals® Balanced Free-form Aminos and Essential Omegas.

Suggested Use:\* Studies show 12 or more capsules per day is often required for optimal results. Start with 1 capsule 3 times daily, and increase to 4 capsules 3 times daily. Take with food. Store in a cool, dry place. Do not use if seal is broken or missing.



Caution:\* As Daily Essential Nutrients balances the body, other supplements medications, and recreational substances may no longer be needed, and as a result their side effects may increase. If this happens, they will need to be appropriately reduced, and in many cases, gradually discontinued. Regularly monitor the side effects



DAIRY

GLUTEN

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately,

of each medication you take. Consult with a physician before adjusting any prescription

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



medication. For more information visit: GetHardv.com/meds.

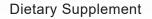
Made in USA with globally sourced ingredients for: Hardy Nutritionals®, Box 919, Raymond, AB T0K2S0

For Information and Orders: Toll Free: 1-855-955-1114 www.GetHardv.com

Send comments to: PO Box 416 Sweet Grass, MT 59484









## **Supplement Facts**

Serving Size: 4 Veggie Capsules Servings Per Container: 90

Amount Per Serving			%DV
Vitamin A (as retinyl palmitate)	576	mcg	64%
Vitamin C (as ascorbic acid, sodium ascorbate & ascorbyl palmitate)	200	mg	222%
Vitamin D (as cholecalciferol)	24	mcg	120%
Vitamin E (as D-alpha tocopheryl succinate & mixed tocopherols)	64.8	mg	432%
Vitamin K (as phylloquinone & menaquinone-7)	40	mcg	33%
Thiamin (as thiamine HCI)	20	mg	1667%
Riboflavin	6	mg	462%
Niacin (as niacinamide & nicotinic acid)	48	mg	300%
Vitamin B <sub>6</sub> (as pyridoxal-5-phosphate & pyridoxine HCI)	20	mg	1176%
Folate (as calcium folinate & L-5 methyltetrahydrofolate calcium)	480	mcg DFE	120%
Vitamin B <sub>12</sub> (as adenosyl-, hydroxo- & methyl-cobalamin)	300	mcg	12500%
Biotin	360	mcg	1200%
Pantothenic acid (as D-calcium pantothenate)	10	mg	200%
Choline (as bitartrate)	64	mg	12%
Calcium (as NutraTek™ chelation complex)	440	mg	34%
ron (as NutraTek™ chelation complex)	4.6	mg	25%
Phosphorus (as NutraTek™ chelation complex)	280	mg	22%
odine (as NutraTek™ chelation complex)	68	mcg	45%
Magnesium (as NutraTek™ chelation complex)	200	mg	48%
Zinc (as NutraTek™ chelation complex)	16	mg	145%
Selenium (as NutraTek™ chelation complex)	68	mcg	124%
Copper (as NutraTek™ chelation complex)	2.4	mg	267%
Manganese (as NutraTek™ chelation complex)	3.2	mg	139%
Chromium (as NutraTek™ chelation complex)	208	mcg	594%
Molybdenum (as NutraTek™ chelation complex)	48	mcg	107%
Sodium (as sodium ascorbate)	10	mg	1%
Potassium (as NutraTek™ chelation complex)	80	mg	2%
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## Proprietary blend

Alpha-lipoic acid. Great Salt Lake minerals, inositol, shilaiit, acetyl-L-carnitine HCI, Atlantic kelp (laminaria digitata), grape seed extract, N-acetyl-L-cysteine, L-glutamine, L-methionine, mixed tocopherols, mixed tocotrienols (from palm fruit), ginkgo biloba leaf extract, trace minerals as NutraTek™ chelation complex; boron, vanadium, nickel,

† Daily Value (%DV) not established

Other ingredients: Vegetarian capsule (hypromellose), microcrystalline cellulose.