

Daily Essential Nutrients provides the solid nutritional foundation your brain and body need to perform optimally. It is backed by more independent mental health research than any other vitamin-mineral formulation. Count on it to deliver results beyond anything seen with other products for these key reasons:*

- ▶ **Completeness.** Every biological process requires *multiple* essential nutrients. **Daily Essential Nutrients** delivers every essential vitamin and mineral you need to fortify your body against serious problems like chronic stress, anxiety, depression, and brain cell degeneration.*
- ▶ **Form.** **Daily Essential Nutrients** is powered by our proprietary *NutraTek™* mineral delivery technology, which combines each mineral with organic molecules—just like nature. This optimizes mineral absorption and enables vital nutrients to efficiently cross the blood-brain barrier, enhancing neuron structure and function.*
- ▶ **Balance.** The level of each ingredient is calculated to maintain the natural ratios of nutrients in your body that promote optimal cognitive function, mental clarity, focus, and mood stability.*

Suggested Use: To achieve researched benefits, consistently take 4 capsules 3 times daily, or take as recommended by your health professional.* If desired, start with 1 capsule 3 times daily and increase gradually. Take with food. Store in a cool, dry place. Do not use if tamper-evident seal is broken or missing.

Note: Children and individuals taking prescription medication(s) should be monitored by a physician while taking **Daily Essential Nutrients**. In most cases, psychoactive drugs will need to be gradually reduced and eventually discontinued during **Daily Essential Nutrients** therapy to minimize over-medication effects.* As with any supplement, if you have a medical condition, consult your doctor before use. For physician product information, call 1-855-955-1114.

***Allergen Disclaimer:** Kelp is a natural marine algae, and it is possible for trace quantities of very small fish and/or shellfish to be included in the harvesting and processing of these products.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



For Information and Orders:
Toll Free: 1-855-955-1114
www.GetHardy.com

Send comments to:
PO Box 416
Sweet Grass, MT 59484

Manufactured for: NutraTek Health Innovations Inc., Box 919, Raymond, AB, T0K 2S0

Made in U.S.A.



daily

Essential Nutrients

- with added -
VITAMERS

Hardy®
nutritionals

a specialized
vitamin-mineral
formulation
clinically proven
to enhance
mental & physical
well-being*



Dietary Supplement

120 Capsules

Supplement Facts

Serving Size: 4 Veggie Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Vitamin A (as retinyl palmitate)	576 mcg 64%
Vitamin C (as ascorbic acid)	200 mg 222%
Vitamin D (as cholecalciferol)	24 mcg 120%
Vitamin E (as D-alpha tocopheryl succinate & mixed tocopherols)	64.8 mg 432%
Vitamin K (as phyloquinone & menaquinone-7)	40 mcg 33%
Thiamin (as thiamine HCl)	20 mg 1667%
Riboflavin	6 mg 462%
Niacin (as niacinamide, nicotinamide riboside Cl, & nicotinic acid)	48 mg 300%
Vitamin B ₆ (as pyridoxine HCl & pyridoxal-5-phosphate)	20 mg 1176%
Folate (as calcium folinate & L-methylfolate calcium)	500 mcg DFE 125%
Vitamin B ₁₂ (as hydroxo-, adenosyl-, & methyl-cobalamin)	300 mcg 12500%
Biotin	360 mcg 1200%
Pantothenic acid (as D-calcium pantothenate)	10 mg 200%
Choline (as bitartrate)	64 mg 12%
Calcium (as NutraTek™ chelation complex)	440 mg 34%
Iron (as NutraTek™ chelation complex)	4.6 mg 25%
Phosphorus (as NutraTek™ chelation complex)	280 mg 22%
Iodine (from Atlantic kelp [†])	68 mcg 45%
Magnesium (as NutraTek™ chelation complex)	200 mg 48%
Zinc (as NutraTek™ chelation complex)	16 mg 145%
Selenium (as NutraTek™ chelation complex)	68 mcg 124%
Copper (as NutraTek™ chelation complex)	2.4 mg 267%
Manganese (as NutraTek™ chelation complex)	3.2 mg 139%
Chromium (as NutraTek™ chelation complex)	208 mcg 594%
Molybdenum (as NutraTek™ chelation complex)	48 mcg 107%
Potassium (as NutraTek™ chelation complex)	80 mg 2%

Proprietary blend 320 mg †
Alpha-lipoic acid, Great Salt Lake minerals, inositol, acetyl-L-carnitine HCl, Atlantic kelp[†] (laminaria digitata), grape seed extract, N-acetyl-L-cysteine, L-methionine, mixed tocopherols (organic), mixed tocotrienols (from palm fruit), ginkgo biloba leaf extract, trace minerals as NutraTek™ chelation complex: boron, vanadium, nickel.

† Daily Value (%DV) not established.

Other ingredients: Vegetarian capsule (hypromellose, titanium dioxide), microcrystalline cellulose, magnesium stearate, silicon dioxide.