

**Daily Essential Nutrients Powder** provides the solid nutritional foundation your brain and body need to perform optimally. It is backed by more independent mental health research than any other vitamin-mineral formulation. Count on it to deliver results beyond anything seen with other products for these key reasons:\*

- ▶ **Completeness.** Every biological process requires *multiple* essential nutrients. **Daily Essential Nutrients Powder** delivers *every* essential vitamin and mineral you need to fortify your body against serious problems like chronic stress, anxiety, depression, and brain cell degeneration.\*
- ▶ **Form.** We use the highest quality vitamins, and you can trust that each mineral in our NutraTek™ formulation is combined with organic molecules—just like nature—to ensure maximum bioavailability. This carefully crafted formula optimizes absorption and enables vital nutrients to efficiently cross the blood-brain barrier, enhancing neuron structure and function.\*
- ▶ **Balance.** The level of each ingredient is calculated to maintain the natural ratios of nutrients in your body that are critical to promote optimal cognitive function, mental clarity, focus, and mood stability.\*

Experience a refreshing new level of wellness with **Daily Essential Nutrients Powder!**\*

**Suggested Use:** Start with a quarter scoop per day. For children younger than 6, increase to 1 or 2 scoops per day, as needed. For individuals 6 or older, increase to 1 level scoop 3 times per day or as recommended by a physician. One level scoop is approximately equivalent to 4 **Daily Essential Nutrients** capsules and is designed to be mixed with 1 cup of cold juice, smoothie, milk, or other flavored liquid of choice and consumed immediately. For recipe ideas, visit: [try.GetHardy.com/recipes](http://try.GetHardy.com/recipes). Store in a cool, dry place. Do not use if tamper-evident seal is broken or missing.

**\*Note:** Children and individuals taking prescription medication(s) should be monitored by a physician while taking **Daily Essential Nutrients Powder**. In most cases, psychoactive drugs will need to be gradually reduced and eventually discontinued during **Daily Essential Nutrients Powder** therapy to minimize over-medication effects.\* As with any supplement, if you have a medical condition, consult your doctor before use. For physician product information, call 1-855-955-1114.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Manufactured for:**  
NutraTek Health Innovations Inc.  
Box 919, Raymond, AB, T0K 2S0

**For Information and Orders:**  
Toll Free: 1-855-955-1114  
[www.GetHardy.com](http://www.GetHardy.com)

**Send comments to:**  
PO Box 416  
Sweet Grass, MT 59484

Made in U.S.A.



# daily Essential Nutrients

- unflavored -

POWDER

a specialized  
vitamin-mineral  
formulation  
clinically proven  
to enhance  
mental & physical  
well-being\*



Dietary Supplement

NET WT. 26.6 oz (756 g)

## Supplement Facts

Serving Size: 8.4 g (approx. 1 level scoop)  
Servings Per Container: 90

Amount Per Serving		%DV**
Calories	10	
Total Carbohydrates	4g	2%
Dietary Fiber	1 g	4%
Vitamin A (as retinyl palmitate)	576 mcg	64%
Vitamin C (as ascorbic acid)	200 mg	222%
Vitamin D (as cholecalciferol)	24 mcg	120%
Vitamin E (as D-alpha tocopheryl acetate, mixed tocopherols, and mixed tocotrienols)	46.8 mg	312%
Vitamin K (as phyloquinone and menaquinone-7)	60 mcg	50%
Thiamin (as thiamine hydrochloride)	15 mg	1250%
Riboflavin	6 mg	462%
Niacin (as niacinamide, nicotinamide riboside chloride, & nicotinic acid)	48 mg	300%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride and pyridoxal-5-phosphate)	20 mg	1176%
Folate (as calcium folinate and L-methylfolate calcium)	500 mcg DFE	125%
Vitamin B <sub>12</sub> (as hydroxo-, adenosyl-, and methyl-cobalamin)	250 mcg	10417%
Biotin	360 mcg	1200%
Pantothenic acid (as D-calcium pantothenate)	10 mg	200%
Choline (as bitartrate)	64 mg	12%
Calcium (as NutraTek™ chelation blend)	400 mg	31%
Iron (as NutraTek™ chelation blend)	4.6 mg	25%
Phosphorus (as NutraTek™ chelation blend)	254 mg	20%

Amount Per Serving		%DV**
Iodine (as NutraTek™ chelation blend)	68 mcg	45%
Magnesium (as NutraTek™ chelation blend)	200 mg	48%
Zinc (as NutraTek™ chelation blend)	16 mg	145%
Selenium (as NutraTek™ chelation blend)	68 mcg	124%
Copper (as NutraTek™ chelation blend)	2.4 mg	267%
Manganese (as NutraTek™ chelation blend)	3.2 mg	139%
Chromium (as NutraTek™ chelation blend)	208 mcg	594%
Molybdenum (as NutraTek™ chelation blend)	48 mcg	107%
Sodium (as NutraTek™ chelation blend)	40 mg	2%
Potassium (as NutraTek™ chelation blend)	80 mg	2%
<b>Proprietary blend</b>	680 mg	†
Inositol, Great Salt Lake minerals, L-glutamine, mixed tocopherols (organic), N-acetyl-L-cysteine, acetyl-L-carnitine (as hydrochloride), grape seed extract, methylsulfonylethane (MSM), L-methionine, mixed tocotrienols (from palm fruit), coenzyme Q10, alpha-lipoic acid, ginkgo biloba leaf extract, LIVING SILICA® (MMST & OSA), pyrroloquinoline quinone (PQQ), trace minerals as NutraTek™ chelation blend: boron, vanadium, nickel.		

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Resistant dextrin (corn & tapioca fiber), gum blend (guar gum, acacia gum, xanthan gum), instantized inulin (chicory root fiber), monk fruit extract (luo han guo), stevia leaf extract, silicon dioxide, natural flavor.