

Macro Mineral Boost is specially formulated to bolster key essential nutrients known to*:

- Eliminate joint pain and inflammation
- Reduce mood swings and menstrual pain
- Minimize symptoms of histamine intolerance
- Build healthy teeth and bones

Suggested Use*: Consistently take 2 capsules three times daily, or as recommended by a healthcare professional. Store in a cool, dry place. Do not use if tamper-evident seal is broken or missing.

Note*: As with any supplement, if you have a medical condition, consult your doctor before use. Keep out of reach of children.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
Hardy Nutritionals
Box 919, Raymond, AB, T0K 2S0

For Information and Orders:
Toll Free: 1-855-955-1114
www.GetHardy.com

Send comments to:
PO Box 416
Sweet Grass, MT
59484

Made in U.S.A.



QUALITY
PRODUCT



DAIRY
FREE



GLUTEN
FREE



SOY
FREE



NON
GMO



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macro Mineral Boost

Dietary Supplement

Hardy[®]
nutritionals

an ideal balance
of key minerals and
vitamins designed to
optimize mental and
physical health*



180 Capsules

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 90

Amount Per Serving		%DV
Vitamin C (as sodium ascorbate, ascorbic acid, and ascorbyl palmitate)	90 mg	100%
Vitamin D (as cholecalciferol)	25 mcg	125%
Vitamin K (as phyloquinone & menaquinone-7)	1200 mcg	1000%
Calcium (as NutraTek™ chelation complex and dicalcium malate)	254 mg	20%
Iron (as NutraTek™ chelation complex)	2 mg	11%
Phosphorus (as NutraTek™ chelation complex)	124 mg	10%
Iodine (as Atlantic kelp)	30 mcg	20%
Magnesium (as NutraTek™ chelation complex, magnesium citrate, and Great Salt Lake minerals)	126 mg	30%
Zinc (as NutraTek™ chelation complex)	7 mg	64%
Selenium (as NutraTek™ chelation complex)	30 mcg	55%
Copper (as NutraTek™ chelation complex)	1 mg	116%
Manganese (as NutraTek™ chelation complex)	1.4 mg	60%
Chromium (as NutraTek™ chelation complex)	91 mcg	260%
Molybdenum (as NutraTek™ chelation complex)	21 mcg	48%
Sodium (as sodium ascorbate and Great Salt Lake minerals)	10 mg	0%
Potassium (as NutraTek™ chelation complex)	35 mg	1%

Proprietary Blend 140 mg †
Great Salt Lake minerals, bamboo leaf extract (a natural source of silica), shilajit extract, Atlantic kelp (*Laminaria digitata*), boron (as boron glycinate and NutraTek™ chelation complex), vanadium (as NutraTek™ chelation complex), nickel (as NutraTek™ chelation complex).

*Daily Value (%DV) not established.

Other ingredients: Gelatin capsule (bovine), microcrystalline cellulose.