

Inositol Powder has been shown to calm physical symptoms of stress, anxiety, panic and depression.*

Inositol is a natural ingredient of many foods, such as whole grains, nuts, beans, and fresh fruits. It supports normal brain and intestinal function by promoting proper neurotransmitter signaling.*

Suggested Use: Take 1 level teaspoon as needed for symptom relief, dissolved in liquid or sprinkled on food. Adults and adolescents may take 3-6 level teaspoons per day. Children age 9 or younger may take 2-4 level teaspoons per day. Higher doses may be used as recommended by a physician. Store in a cool, dry place.

Note: Consult with a physician if you have any serious health concerns.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For Information and Orders:
Toll Free: 1-855-955-1114
www.GetHardy.com

Send comments to:
PO Box 416
Sweet Grass, MT 59484



Made in U.S.A.

Inositol Powder

Dietary Supplement



helps to calm
physical symptoms
of stress, anxiety,
panic and
depression*



NET WT. 8 oz (226.8 g)

Supplement Facts

Serving Size: 1 teaspoon (4 g)
Servings Per Container: 56

Amount Per Serving	% DV
Inositol	4000 mg †

† Daily Value (%DV) not established.

Other ingredients: Silicon dioxide.

Note: This product is sold by weight, not by volume. Contents may have settled during shipping.

Guaranteed free of: Yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

Manufactured for:
NutraTek Health Innovations Inc.
Box 919, Raymond, AB, T0K 2S0

