

**Daily Essential Nutrients** provides the solid nutritional foundation your brain and body need to perform optimally. It is backed by more independent mental health research than any other vitamin-mineral formulation. Count on it to deliver results beyond anything seen with other products for these key reasons:\*

- ▶ **Completeness.** Every biological process requires *multiple* essential nutrients. **Daily Essential Nutrients** delivers *every* essential vitamin and mineral you need to fortify your body against serious problems like chronic stress, anxiety, depression, and brain cell degeneration.\*
- ▶ **Form.** **Daily Essential Nutrients** is powered by our proprietary *NutraTek™* mineral delivery technology, which combines each mineral with organic molecules—just like nature. This optimizes mineral absorption and enables vital nutrients to efficiently cross the blood-brain barrier, enhancing neuron structure and function.\*
- ▶ **Balance.** The level of each ingredient is calculated to maintain the natural ratios of nutrients in your body that are critical to promote optimal cognitive function, mental clarity, focus, and mood stability.\*

Experience a refreshing new level of wellness with **Daily Essential Nutrients!**\*

**Suggested Use:** Start with a quarter scoop per day. For children younger than 6, increase to 1 or 2 scoops per day, as needed. For individuals 6 or older, increase to 1 level scoop 3 times per day or as recommended by a physician. 1 level scoop contains the equivalent of 4 **Daily Essential Nutrients** capsules, and is designed to be mixed with 1 cup of milk, smoothie, or flavored liquid of choice. For recipe ideas, visit: [try.GetHardy.com/recipes](http://try.GetHardy.com/recipes). Store in a cool, dry place. Do not use if tamper-evident seal is broken or missing.

\***Note:** Children and individuals taking prescription medication(s) should be monitored by a physician while taking **Daily Essential Nutrients**. In most cases, psychoactive drugs will need to be gradually reduced and eventually discontinued during **Daily Essential Nutrients** therapy to minimize over-medication effects.\* As with any supplement, if you have a medical condition, consult your doctor before use. For physician product information, call 1-855-955-1114.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Manufactured for:**  
NutraTek Health Innovations Inc.  
Box 919, Raymond, AB, T0K 2S0

**For Information and Orders:**  
Toll Free: 1-855-955-1114  
[www.GetHardy.com](http://www.GetHardy.com)

**Send comments to:**  
PO Box 416  
Sweet Grass, MT 59484

Made in U.S.A.



# daily Essential Nutrients

POWDER

a specialized vitamin-mineral formulation clinically proven to enhance mental & physical well-being\*



Dietary Supplement

NET WT. 15.2 oz (432 g)

▶ GMO-Free ▶ Gluten-Free ▶ Vegetarian-Friendly

## Supplement Facts

Serving Size: 1 level scoop = 4.8 g  
Servings Per Container: 90

Amount Per Serving		%DV**
Total Carbohydrates	1g	<1%**
Vitamin A (as retinyl palmitate)	1920 IU	38%
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	120 IU	400%
Vitamin K (as phylloquinone & menaquinone-7)	40 mcg	50%
Thiamin (as thiamine mononitrate)	20 mg	1333%
Riboflavin	6 mg	353%
Niacin (as niacinamide)	30 mg	150%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	23.3 mg	1167%
Folate (as calcium L-5 methyltetrahydrofolate)	267 mcg	67%
Vitamin B <sub>12</sub> (as adenosylcobalamin & methylcobalamin)	300 mcg	5000%
Biotin	360 mcg	120%
Pantothenic acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as NutraTek™ chelation complex)	440 mg	44%
Iron (as NutraTek™ chelation complex)	4.6 mg	25%
Phosphorus (as NutraTek™ chelation complex)	280 mg	28%
Iodine (as NutraTek™ chelation complex)	68 mcg	45%
Magnesium (as NutraTek™ chelation complex)	200 mg	50%
Zinc (as NutraTek™ chelation complex)	16 mg	107%
Selenium (as NutraTek™ chelation complex)	68 mcg	97%
Copper (as NutraTek™ chelation complex)	2.4 mg	120%
Manganese (as NutraTek™ chelation complex)	3.2 mg	160%
Chromium (as NutraTek™ chelation complex)	208 mcg	173%
Molybdenum (as NutraTek™ chelation complex)	48 mcg	64%
Potassium (as NutraTek™ chelation complex)	80 mg	2%

**Proprietary blend** 596 mg †  
Choline bitartrate, alpha-lipoic acid, mineral wax, inositol, acetyl-L-carnitine, grape seed extract, ginkgo biloba leaf extract, N-acetyl-L-cysteine, L-methionine, trace minerals as NutraTek™ chelation complex: lithium orotate, boron, vanadium, nickel.

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Natural and artificial flavors (vanilla, banana, orange), organic acacia gum, inulin, guar gum, silicon dioxide, stevia (leaf) extract.