

**Daily Essential Nutrients** provides the solid nutritional foundation your brain and body need to perform optimally. It is backed by more independent mental health research than any other vitamin-mineral formulation. Count on it to deliver results beyond anything seen with other products for these key reasons:\*

- ▶ **Completeness.** Every biological process requires *multiple* essential nutrients. **Daily Essential Nutrients** delivers *every* essential vitamin and mineral you need to fortify your body against serious problems like chronic stress, anxiety, depression, and brain cell degeneration.\*
- ▶ **Form.** **Daily Essential Nutrients** is powered by our proprietary *NutraTek™* mineral delivery technology, which combines each mineral with organic molecules—just like nature. This optimizes mineral absorption and enables vital nutrients to efficiently cross the blood-brain barrier, enhancing neuron structure and function.\*
- ▶ **Balance.** The level of each ingredient is calculated to maintain the natural ratios of nutrients in your body that are critical to promote optimal cognitive function, mental clarity, focus, and mood stability.\*

Experience a refreshing new level of wellness with **Daily Essential Nutrients!**\*

**Suggested Use:** To achieve researched benefits, consistently take 4 capsules 3 times daily, or a level recommended by your health professional.\* If desired, start with 1 capsule 3 times daily and increase gradually. Take with food. Store in a cool, dry place. Do not use if tamper-evident seal is broken or missing.

**Note:** Children and individuals taking prescription medication(s) should be monitored by a physician while taking **Daily Essential Nutrients**. In most cases, psychoactive drugs will need to be gradually reduced and eventually discontinued during **Daily Essential Nutrients** therapy to minimize over-medication effects.\* As with any supplement, if you have a medical condition, consult your doctor before use. For physician product information, call 1-855-955-1114.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



For Information and Orders:  
Toll Free: 1-855-955-1114  
[www.GetHardy.com](http://www.GetHardy.com)

Send comments to:  
PO Box 416  
Sweet Grass, MT 59484

Manufactured for: NutraTek Health Innovations Inc., Box 919, Raymond, AB, T0K 2S0

Made in U.S.A.



daily

Essential  
Nutrients

Dietary Supplement



a specialized  
vitamin-mineral  
formulation  
clinically proven  
to enhance  
mental & physical  
well-being\*



360 Capsules

## Supplement Facts

Serving Size: 4 Veggie Capsules  
Servings Per Container: 90

| Amount Per Serving   | %DV           |
|--|---------------|
| Vitamin A (as retinyl palmitate)                                 | 1920 IU 38%   |
| Vitamin C (as ascorbic acid)                                     | 200 mg 333%   |
| Vitamin D (as cholecalciferol)                                   | 1000 IU 250%  |
| Vitamin E (as d-alpha tocopheryl succinate)                      | 120 IU 400%   |
| Vitamin K (as phyloquinone & menaquinone-7)                      | 40 mcg 50%    |
| Thiamin (as thiamine mononitrate)                                | 20 mg 1333%   |
| Riboflavin   | 6 mg 353%     |
| Niacin (as niacinamide)  | 30 mg 150%    |
| Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)             | 23.3 mg 1167% |
| Folate (as calcium L-5 methyltetrahydrofolate)                   | 267 mcg 67%   |
| Vitamin B <sub>12</sub> (as methylcobalamin & adenosylcobalamin) | 300 mcg 5000% |
| Biotin   | 360 mcg 120%  |
| Pantothenic acid (as d-calcium pantothenate)                     | 10 mg 100%    |
| Calcium (as NutraTek™ chelation complex)                         | 440 mg 44%    |
| Iron (as NutraTek™ chelation complex)                            | 4.6 mg 25%    |
| Phosphorus (as NutraTek™ chelation complex)                      | 280 mg 28%    |
| Iodine (as NutraTek™ chelation complex)                          | 68 mcg 45%    |
| Magnesium (as NutraTek™ chelation complex)                       | 200 mg 50%    |
| Zinc (as NutraTek™ chelation complex)                            | 16 mg 107%    |
| Selenium (as NutraTek™ chelation complex)                        | 68 mcg 97%    |
| Copper (as NutraTek™ chelation complex)                          | 2.4 mg 120%   |
| Manganese (as NutraTek™ chelation complex)                       | 3.2 mg 160%   |
| Chromium (as NutraTek™ chelation complex)                        | 208 mcg 173%  |
| Molybdenum (as NutraTek™ chelation complex)                      | 48 mcg 64%    |
| Potassium (as NutraTek™ chelation complex)                       | 80 mg 2%      |

**Proprietary blend** 596 mg †  
Choline bitartrate, alpha-lipoic acid, mineral wax, inositol, acetyl-L-carnitine, grape seed extract, ginkgo biloba leaf extract, N-acetyl-L-cysteine, L-methionine, trace minerals as NutraTek™ chelation complex: lithium orotate, boron, vanadium, nickel.

† Daily Value (%DV) not established.

**Other ingredients:** Vegetarian capsule (hypromellose), microcrystalline cellulose, magnesium stearate, silicon dioxide, titanium dioxide.

▶ **GMO-Free** ▶ **Gluten-Free** ▶ **Vegetarian-Friendly**